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VOLUME 11 • QUARTER 4 • 2018



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First Selectman's Corner

As I wrote this, we were all struggling to recover from a major storm. September ended with a massive rain event, over 6 inches fell in less than four hours. This makes it a 100-year storm (a storm of this magnitude has only a 1% chance of happening in any given year). The evening of Tuesday, September 25th started with the prospect of a fairly normal rainy evening with 2 or 3 inches of rain expected. Wet, but nothing exceptional. By the time it ended we had seen a four-hour torrential downpour. Roads were washed away, endless basements had been flooded. Goodspeed Opera House properties were in serious disarray. Our swing bridge had been briefly closed and Neptune Avenue had suffered a major washout. Our Fire Department and Public Works Department were on scene as quickly as the problem became apparent and worked all night and the following day until legal limits were reached. Over time, most roads became passable and most basements dried. What remains to be done is nonetheless very extensive. Rebuilding damaged roads and infrastructure will take time and be costly. Homeowners will need to check their homes to ensure that they are ready for the upcoming winter season. We all need to inspect our properties for hidden damage and dangers.

We are now preparing for our upcoming budget season. Once again the work begins earlier than in the past. The kick off will be a tri-board meeting including the Board of Finance, Board of

Education and the Board of Selectmen, in early December. Its purpose is to seek public input and to familiarize everyone with how the budget comes together. The ongoing process will be highlighted with repeated efforts to ensure that the public is kept informed, their comments considered and that all questions are clearly answered in a timely fashion. Our goal will be that the proceedings be open and clear to our citizens, enabling them to monitor what happens from start to finish. In the end the Board of Finance will present a balanced budget which meets the needs and expectations of our Town and is fair and balanced to taxpayers.



Emmett Lyman
First Selectman

We have long awaited the installation of lights at Heritage Park. This past summer they were installed. Their addition makes the walking/running path at Heritage Park far more attractive to users. The lights are automatic and face inward. When they sense someone on the path they turn on and remain on for a period of **continued on page 3**

An advertisement for NYDJ Los Angeles. It features a group of seven diverse women of various ethnicities and ages, all smiling and posing in a studio setting. They are wearing a variety of casual, fashionable clothing including blouses, jackets, and jeans. The text "FIT IS EVERYTHING" is written in a large, blue, sans-serif font on the left side. Below it, the "NYDJ. LOS ANGELES" logo is displayed. At the bottom left, there is a dark blue box with the "Saybrook Country Barn APPAREL" logo in white. At the bottom right, the address "2 Main St. Old Saybrook, CT | 860.388.0891 | www.saybrookcountrybarn.com" is printed in a small, dark font.

events

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Visit our website at:
www.easthaddam.org

We hope you will find our website to be a useful tool to find updated information and explore our wonderful community.

First Selectman's Corner... continued from page 1

time. The illumination is not intense but is sufficient for most activities. All too often, this time of year, I see joggers running on our roads at dusk. As days grow shorter and the daylight savings change occurs, this can be dangerous. The improvements at Heritage Park now offer a safer and more convenient way to remain active and to do so safely. Please park at the Senior Center for further safety.



Nicholas Ortelle,
Firefighter-EMT.

Nicholas Ortelle and Timothy Joseph have joined us as part-time career Firefighter/EMT staff. Nick is a resident of Wolcott and has been a member of the New Haven Fire Department for thirteen years. His ten years EMS experience, with seven on a commercial ambulance, bring added dimensions to having him here with us. Tim is a resident of Colchester and is currently a mem-

ber of the Colchester Fire Department. Tim also works as a dispatcher with the Cromwell Fire District. Both gentlemen bring exceptional knowledge and experience to the job and our town. Their commitment to East Haddam and to



Timothy Joseph,
Firefighter-EMT.

create a kaleidoscope of color with something special for every visitor. East Haddam is renowned for its woodlands and outdoor recreational opportunities but please keep in mind that they serve multiple users. Many properties are available for hunting and fishing in addition to hiking. During hunting season, you will need to wear clothing which keeps you safe. Orange clothing is recommended and during hunting season including an orange hat is advised for any trip into woodlands or fields.

Emmett J. Lyman,
First Selectman

their profession are unquestioned. A positive attitude and willingness to share what they know will make them assets for both our Volunteer Fire Department and our Volunteer Ambulance Association.

With the heat of summer behind us what could be better than a woodland hike on one of our many open space properties. Falls endless changes



goPINK Project Supports Women Facing Breast Cancer this October

You can support women facing breast cancer in our community this October through the goPINK Project! Since 2010, local businesses, salons, schools and teams have raised over \$185,000 to help cover the costs of integrative medicine therapy for over 1,000 patients at Middlesex Hospital Cancer Center. Integrative medicine is a complement to conventional cancer treatment that focuses on the whole person - mind, body and spirit. Patients choose from yoga, Reiki, massage, reflexology, meditation and more, which are available at Middlesex Hospital Cancer Center in Middletown and Westbrook.

This year, Middlesex Hospital Shoreline Medical Center, 250 Flat Rock Place, hosted food trucks every week in October with a percentage of sales to goPINK (including: Sugar Bakery, Taco Pacifico, Lenny & Joe's Lobster Truck, Chris' Dog House).

A goPINK Shoreline Party, took place at the Scotch Plains Tavern on October 23. To learn more visit: gopinkproject.com.

DIABETES
CAN DO
DEVASTATING
THINGS TO
YOUR VISION

Middlesex Eye Physicians is reminding you of the importance in scheduling your annual **diabetic eye exam** to monitor any changes in your eye health.

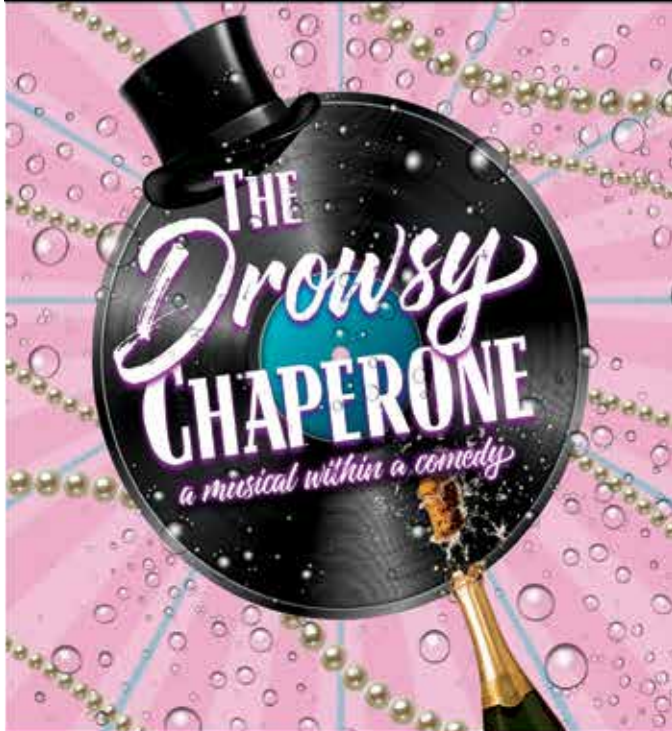


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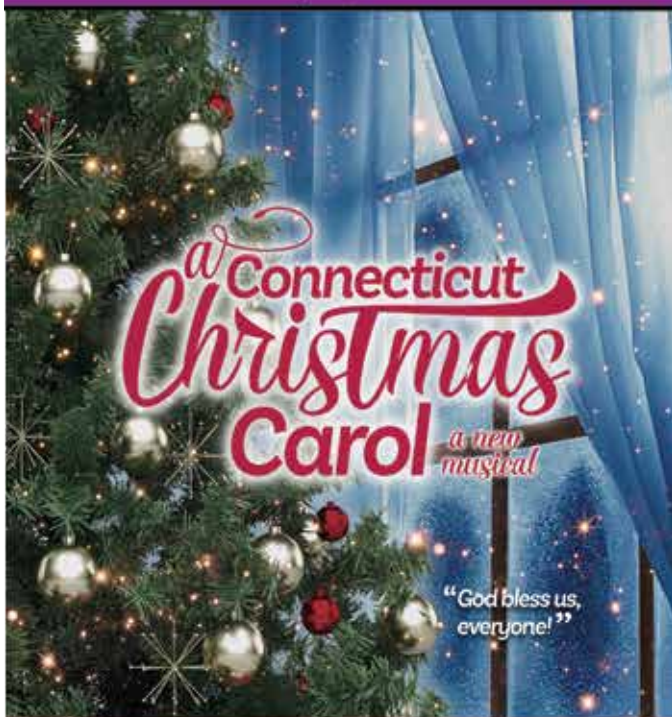
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The Terris Theatre, Chester

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UNITED

A Note from the Assessor

All persons having taxable personal property to declare such as: unregistered motor vehicles, horses and ponies, farm equipment, or any furniture, fixtures, and equipment used in the operation of a business, must do so by November 1, 2018. Declaration forms are available at the Assessor's Office. They have been mailed to all businesses and residents who have declared property in the past. Please be aware if you have taxable personal property, and do not declare it, state statutes allow the assessor to add it at an estimated amount, plus a 25% penalty.

The application period for the elderly and disabled homeowners' program begins February 1, 2019 and ends May 15, 2018. Income requirements will be published by the Office of Policy and Management in January 2019.

Any persons who acquired a new motor vehicle after October 1, 2017 will receive a supplemental motor vehicle bill for their new vehicle by January 2019. These bills will be prorated, based on the date of registration, for the 12-month period starting October 2017 and ending September 2018. Vehicles acquired in August or September do not receive supplemental tax bills.

The Assessor's office has its own web page on the town website. It is easthaddam.org. Included is information on real estate, personal property, and motor vehicle assessments; property tax relief for seniors, veterans, and the disabled; renters' rebate; revaluation; access to applications and forms pertaining to the Assessor's office. Please call the Assessor's office at: 860-873-5026 if you have any questions.

Tax Collector

Please remember, due on January 1, 2019, is the second installment of Real Estate and Personal Property tax bills that were mailed July 2018. A second bill will not be sent for these accounts. If you are a new owner of real estate property and need a copy of your tax bill, please contact the tax office immediately. Motor Vehicle Supplemental bills are also due January 1, 2019. Supplemental bills will be mailed by the end of December 2018. The last day to pay these bills will be February 1, 2019. Payments may be made in person at the Municipal Office Complex located at 1 Plains Road, Moodus, CT, by mail to: Tax Collector, P. O. Box 403, Moodus, CT 06469-0403 or online at easthaddam.org and click the link "Pay Taxes Online." There is a fee associated with online payments which goes directly to the processing company, Point & Pay, for their service. This fee applies to online and in the office credit/debit card & e-check payments. A secure lock-box is located to the right of the main entrance for payments dropped off after normal business hours. Anyone wishing a

continued on page 6

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Resident Doris Whitmore with daughter Beryl enjoying a cup of tea in the country kitchen.

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and a guided tour. Visit us at
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Tax Collector... continued from page 4

receipt must include a self-addressed, stamped envelope with their payment.

Tax information is available online at: easthaddam.org. Click the link "PAY TAXES ONLINE." You will be able to check your current amount due and view past payments.

This office is for the collection of taxes only. Any adjustments to your bill must be made by the Assessor at: 860-873-5026 or assessor@easthaddam.org. The Tax Collector may be reached at: 860-873-5033 or taxcollector@easthaddam.org.

Denise Dill, CCMC, Tax Collector

Holiday Closings

THE TOWN OFFICE BUILDING WILL BE CLOSED ON THE FOLLOWING HOLIDAYS:

- Veterans Day** (observed) - Monday, November 12
 - Thanksgiving** - Thursday & Friday, November 22 & 23
 - Christmas Eve Day** - Monday, December 24, closing at noon
 - Christmas Day** - Tuesday, December 25, reopen Wednesday, December 26
 - New Year's Eve Day** - Monday, December 31, closing at noon
 - New Year's Day** - Tuesday, January 1, reopen January 2
 - Martin Luther King Day** - Monday, January 21
- Regular hours will resume on the next business day.*

THE TRANSFER STATION WILL BE CLOSED ON THE FOLLOWING HOLIDAYS:

- Veterans Day** (observed) - Monday, November 12
- Thanksgiving** - Friday, November 23
- Christmas** - Monday, December 24 at noon
- New Year's** - Monday, December 31 at noon
- Martin Luther King Day** - Monday, January 21

THE EAST HADDAM FREE PUBLIC & RATHBUN LIBRARIES WILL BE CLOSED ON THE FOLLOWING HOLIDAYS:

- Thanksgiving** - Thursday & Friday, November 22 & 23
 - Christmas Eve Day** - Monday, December 24
open 10:00 am - 2:00 pm
 - Christmas Holiday**, Tuesday, December 25 & Wednesday December 26, reopen December 27
 - New Year's Eve** - Monday, December 31
open 10:00 am - 2:00 pm
 - New Year's Day** - Tuesday, January 1, reopen January 2
 - Martin Luther King Day** - Monday, January 21
- Regular hours will resume on the next business day.*

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Registrar of Voter News

The next election for state offices will be held on Tuesday, November 6, 2018 from 6:00 am to 8:00 pm at the Municipal Office Complex Gymnasium.

Voters should use the main Municipal Office Complex entrance at the front of the building. Curbside voting will be available for individuals who are not able to walk the distance to the gym.

If you are not registered to vote and wish to vote at the November 6th Election, the Registrars are in their office every Tuesday between 11:00 am and 3:00 pm. On the days we are not in our office, Voter Registration Cards are available outside our office. You may complete the form and place it in the lock box. If you would like a voter registration card mailed to you, please call our office at: 860-873-5029, leave your name and address and we will mail a voter registration card to you to complete and return to us. You may also register online. You will find

the link on the East Haddam Town website at the Registrar of Voters page or at: <https://voterregistration.ct.gov> and follow the online instructions. Your mail-in or online application must be received by October 30, 2018. Election Day Registration will be available in the Registrar's office. Please call our office for details.

If you will not be in East Haddam on November 6th and would like to vote, you may obtain an Absentee Ballot from the Town Clerk's office at: 860 873-5027.

It is also a good idea to contact us if you have a new address or name change so that we may keep our records as accurate as possible.

Don't lose your right to vote. REGISTER!!!

Martha Hansen and Lucy Salicrup,
Registrars of Voters

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Town Clerk - State Election Information

State of Connecticut East Haddam, Connecticut **State Election** November 6, 2018
 Be sure to read the instructions on the reverse side of this ballot.

| OFFICE | 1 Governor and Lieutenant Governor Vote for One | 2 United States Senator Vote for One | 3 Representative in Congress Vote for One | 4 State Senator Vote for One | 5 State Representative Vote for One | 6 Secretary of the State Vote for One | 7 Treasurer Vote for One | 8 Comptroller Vote for One | 9 Attorney General Vote for One | 10 Judge of Probate Vote for One | 11 Registrar of Voters Vote for One |
|----------------------------------|--|---|--|---|--|---|--|--|--|--|---|
| DEMOCRATIC PARTY | <input type="radio"/> 1A Ned Lamont and Susan Bysiewicz | <input type="radio"/> 2A Christopher S Murphy | <input type="radio"/> 3A Joe Courtney | <input type="radio"/> 4A Norman Needelman | <input type="radio"/> 5A Theresa Gwert | <input type="radio"/> 6A Denise W Merrill | <input type="radio"/> 7A Shawn Wooden | <input type="radio"/> 8A Kevin Lembo | <input type="radio"/> 9A William Tong | <input type="radio"/> 10A | <input type="radio"/> 11A Martha Hansen |
| REPUBLICAN PARTY | <input type="radio"/> 1B Bob Stefanowski and Joe Marley | <input type="radio"/> 2B Matthew Carey | <input type="radio"/> 3B Danny Pastorek Jr | <input type="radio"/> 4B Melissa Zielbon | <input type="radio"/> 5B Irene Haines | <input type="radio"/> 6B Susan Chapman | <input type="radio"/> 7B Thad Gray | <input type="radio"/> 8B Kurt Miller | <input type="radio"/> 9B Sue Hatfield | <input type="radio"/> 10B Jennifer Berkenstock | <input type="radio"/> 11B Lucy Salicrup |
| WORKING FAMILIES PARTY | <input type="radio"/> 1C Ned Lamont and Susan Bysiewicz | <input type="radio"/> 2C Christopher S Murphy | <input type="radio"/> 3C Joe Courtney | <input type="radio"/> 4C | <input type="radio"/> 5C Theresa Gwert | <input type="radio"/> 6C Denise W Merrill | <input type="radio"/> 7C Shawn Wooden | <input type="radio"/> 8C Kevin Lembo | <input type="radio"/> 9C William Tong | <input type="radio"/> 10C | <input type="radio"/> 11C |
| INDEPENDENT PARTY | <input type="radio"/> 1D Bob Stefanowski and Joe Marley | <input type="radio"/> 2D | <input type="radio"/> 3D | <input type="radio"/> 4D Melissa Zielbon | <input type="radio"/> 5D Irene Haines | <input type="radio"/> 6D Susan Chapman | <input type="radio"/> 7D Thad Gray | <input type="radio"/> 8D Kurt Miller | <input type="radio"/> 9D Sue Hatfield | <input type="radio"/> 10D | <input type="radio"/> 11D |
| LIBERTARIAN PARTY | <input type="radio"/> 1E Rodney Hancock and Jeffrey Thibault | <input type="radio"/> 2E Richard Lion | <input type="radio"/> 3E Daniel Reale | <input type="radio"/> 4E | <input type="radio"/> 5E | <input type="radio"/> 6E Heather Lynn Sylvestre Gwynn | <input type="radio"/> 7E Jasso Brabinsky | <input type="radio"/> 8E Paul Possorelli | <input type="radio"/> 9E | <input type="radio"/> 10E | <input type="radio"/> 11E |
| GREEN PARTY | <input type="radio"/> 1F | <input type="radio"/> 2F Jeff Russell | <input type="radio"/> 3F Michelle Louise Ricking | <input type="radio"/> 4F | <input type="radio"/> 5F | <input type="radio"/> 6F S Michael DeRosa | <input type="radio"/> 7F | <input type="radio"/> 8F Edward G Helin | <input type="radio"/> 9F Peter D Gasalin | <input type="radio"/> 10F | <input type="radio"/> 11F |
| AMIGO CONSTITUTION LIBERTY PARTY | <input type="radio"/> 1G Mark Stewart Greenstein and John Demitrus | <input type="radio"/> 2G | <input type="radio"/> 3G | <input type="radio"/> 4G | <input type="radio"/> 5G | <input type="radio"/> 6G | <input type="radio"/> 7G | <input type="radio"/> 8G | <input type="radio"/> 9G | <input type="radio"/> 10G | <input type="radio"/> 11G |
| GRIEBEL FRANK FOR CT PARTY | <input type="radio"/> 1H Oz Griebel and Monte E Frank | <input type="radio"/> 2H | <input type="radio"/> 3H | <input type="radio"/> 4H | <input type="radio"/> 5H | <input type="radio"/> 6H | <input type="radio"/> 7H | <input type="radio"/> 8H | <input type="radio"/> 9H | <input type="radio"/> 10H | <input type="radio"/> 11H |
| WRITE-IN VOTES | <input type="radio"/> 1I | <input type="radio"/> 2I | <input type="radio"/> 3I | <input type="radio"/> 4I | <input type="radio"/> 5I | <input type="radio"/> 6I | <input type="radio"/> 7I | <input type="radio"/> 8I | <input type="radio"/> 9I | <input type="radio"/> 10I | <input type="radio"/> 11I |

Sheet 1 of 1 Page 1 of 1 Pages

VOTE ON THE QUESTION(S)

YES NO

1. Shall the Constitution of the State be amended to ensure (1) that all moneys contained in the Special Transportation Fund be used solely for transportation purposes, including the payment of debts of the state incurred for transportation purposes, and (2) that sources of funds deposited in the Special Transportation Fund be deposited in said fund so long as such sources are authorized by statute to be collected or received by the state?

YES NO

2. Shall the Constitution of the State be amended to require (1) a public hearing and the enactment of legislation limited in subject matter to the transfer, sale or disposition of state-owned or state-controlled real property or interests in real property in order for the General Assembly to require a state agency to sell, transfer or dispose of any real property or interest in real property that is under the custody or control of the agency, and (2) if such property is under the custody or control of the Department of Agriculture or the Department of Energy and Environmental Protection, that such enactment of legislation be passed by a two-thirds vote of the total membership of each house of the General Assembly?

Sample ballot above.

NOVEMBER 6, 2018 STATE ELECTION

The State election will be held on Tuesday, November 6, 2018 at the Municipal Office Building.

On the ballot are the following:

Election of Governor and Lieutenant Governor, United States Senator, Representative in Congress, State Senator, State Representative, Secretary of the State, Treasurer, Comptroller, Attorney General, Judge of Probate, and Registrar of Voters.

And there are two constitutional questions:

1. Shall the Constitution of the State be amended to ensure (1) that all moneys contained in the Special Transportation Fund be used solely for transportation purposes, including the payment of debts of the state incurred for transportation purposes, and (2) that sources of funds deposited in the Special Transportation Fund be deposited in said fund so long as such sources are authorized by statute to be collected or received by the state?

Department of Agriculture or the Department of Energy and Environmental Protection, that such enactment of legislation be passed by a two-thirds vote of the total membership of each house of the General Assembly?

Explanatory text, printed in accordance with §2-30a of the General Statutes, is available at the Town Clerk's office.

In addition to the names on the ballot, Mark Stewart Greenstein and John Demitrus have qualified to appear on the ballot under the Amigo Constitution Liberty Party as Governor and Lieutenant Governor. This addition became effective October 9, 2018, and the reprinted ballot was not available at press time. If you have any questions, please feel free to contact the Clerk's Office at: 860-873-5027.

Debra H. Denette,
Town Clerk

Polling Location Notice

Notice is hereby given that the location of the polling places is as follows:

LOCATION OF POLLING PLACE

Municipal Office Complex (gymnasium) | 1 Plains Road, Moodus, CT 06469

Absentee Ballots will be counted at the polling location noted above. Voting tabulators will be used. The polls will be opened at six o'clock in the morning (6:00 am) and will remain open until eight o'clock in the evening (8:00 pm.)

Dated at Moodus, Connecticut, this 11th day of September, 2018. | Debra H. Denette, East Haddam Town Clerk

It's Back! (Snow, that is)

We hear frequent complaints about the dangerous road conditions that result when people push driveway snow out into our public roads. We actually have an ordinance prohibiting this practice, which states, "No person shall plow, throw, put or cause to be thrown or put any snow or ice from any private property or from any area in the rear of said private property or in area between a private dwelling house or structure and the legally laid out sidewalk into any public highway in the town of East Haddam."



As a reminder to residents the town also

has an ordinance regarding the clearing of sidewalks adjoining or fronting a resident or business property. The ordinance states, "Whenever the sidewalk, or any part thereof, adjoining or fronting any building lot of land or any street, square or public place in the Town of East Haddam, shall have upon it an accumulation of snow, sleet or ice, it shall be the duty of the owner, occupant or any person having the care of such building or lot, to cause such sidewalks to be made safe and convenient by removing the snow, sleet or ice therefrom, or by covering the same with sand or some other suitable substance, and in case such owner,

occupant or other person having the care of such building or lot shall neglect to do so for the space of eight (8) hours during the daytime, the person whose legal duty it shall be to clear the sidewalk, and so neglecting, shall be fined not more than twenty five (\$25.00) dollars for each occurrence, and every hour of neglect to make the sidewalks safe in accordance with the provisions of this section, after notice from the First Selectman or his designee, shall constitute a separate offense."

Please keep this in mind this winter. Your neighbors will appreciate it.

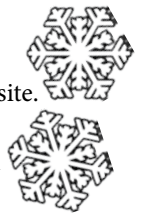
Sand for Winter Ice

Residents of East Haddam are reminded that they may take only a small amount of sand from one of the municipal sand piles for their personal use in sanding steps, walkways, or ice patches in driveways. Piles are located at the corner of Haywardville and Early Roads, and at the Town Garage, off Mt. Parnassus Road near Shagbark. For safety reasons, residents should not obtain sand during storm conditions when



operators are loading trucks and entering and leaving the site.

It is understood that sand is provided for private, personal use and is not to be used commercially or for profit, or for any application other than as a safety precaution. Residents needing more than a few buckets of sand per winter should purchase their own supply.



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Town of East Haddam

1 Plains Road ~ P.O. Box 385 Moodus, CT 06469

Municipal Office Complex

Main Number: 860-873-5020

Fax Numbers: (Finance/Selectmen) 860-873-5025,

(Land Use/Building/Health) 860-873-1565,

(Town Clerk/Assessor/Tax Collector) 860-873-5042

Hours: Monday, Wednesday, Thursday 9:00 am to 4:00 pm,

Tuesday 9:00 am to 7:00 pm, Friday 9:00 am to noon

Selectman's Office

Emmett Lyman, First Selectman 860-873-5021 admin@easthaddam.org
Linda Zemienieski, Executive Assistant admin@easthaddam.org

Assessor's Office

Loreta Zdanys, Assessor 860-873-5026 assessor@easthaddam.org
Patty Veselak, Administrative Assistant

Building Department

Vincent Garofalo, Building Official 860-873-5024 building.dept@easthaddam.org
Ruth Ziobron, Administrative Assistant

Chatham Health District

Sanitarian 860-873-5101

Finance Department

Cynthia Varricchio, Finance Director 860-873-5022 financeadmin@easthaddam.org
Dawn Snow, Finance Assistant 860-873-5040 finance@easthaddam.org
Kathy Klinck, Treasurer 860-891-8502

Land Use Offices

Jim Ventres, Administrator 860-873-5031 admin.landuse@easthaddam.org
Zoning Enforcement Officer zeo.landuse@easthaddam.org
Nancy Talbot, Administrative Assistant landuse@easthaddam.org

Tax Collector's Office

Denise Dill, Tax Collector 860-873-5033 taxcollector@easthaddam.org

Town Clerk's Office

Deb Denette, Town Clerk 860-873-5027 townclerk@easthaddam.org
Beverly Christopher, Assistant Town Clerk

Public Works Department

fax: 860-873-6014

Town Garage Hood Lane Hours: Monday through Friday, 7:00 am to 3:30 pm
Transfer Station Nichols Road Hours: Monday, Wednesday, Friday 7:00 am to 5:00 pm and Saturday 7:00 am to 4:00 pm
Elizabeth Lunt, Public Works Administrator 860-873-5023 pwadmin@easthaddam.org
Steven Hedler, Public Works Superintendent pwsuper@easthaddam.org
Shirley Dill, Administrative Assistant publicworks@easthaddam.org
Don MacKenzie, Transfer Station Foreman 860-873-5030

Other Departments

Don Angersola, Fire Marshal 860-873-5004 firemarshal@easthaddam.org
Brian Auld, Fire Chief 860-891-8400 firechief@easthaddam.org
Lisa Conroy, Parks & Recreation Director 860-873-5058 parkandrec@easthaddam.org
Michael Olzacki, Animal Control Officer 860-873-5044 animalcontrol@easthaddam.org
Vacant, Economic Development Coordinator 860-891-8503 edevcoordinator@easthaddam.org
Craig Mansfield, Emergency Management Director 860-873-5103 ehaddamemgmt@easthaddam.org
Ronald Turner, Director of Operations 860-873-6010 ronald.turner@easthaddam.org

Resident State Trooper - Troop K East Haddam Police

860-465-5400 police@easthaddam.org
860-873-5041 police@easthaddam.org
Jennifer Berkenstock, Judge of Probate 860-295-6239
Linda Neal, Clerk lneal@ctprobate.gov

Registrars of Voters

Lucy Salicrup & Martha Hansen 860-873-5029 registrars@easthaddam.org

Senior Services

15 Great Hillwood Road
Brad Parker, Municipal Agent 860-873-5034 seniors@easthaddam.org
Patricia Puia, Program Assistant 860-873-5034

Food Bank

860-891-8100

Visit our Website at www.easthaddam.org for more information, including meeting minutes

Economic Development

East Haddam EDC & EHBA are proud to announce the Business of the Month for August, September & October 2018



AUGUST BUSINESS OF MONTH:

Julia Balfour LLC, having moved her business to East Haddam in May of 2016 in the historic Victorian at 3 Norwich Road, has proven to be an active supporter of the community by planting gardens, hosting town cleanups and community gatherings. Julia also purchased 4 Norwich Rd which was renovated and opened JulYoga, a donation-based yoga studio dedicated to spreading community joy. This unwavering excellence is seen in the digital and print work of Julia Balfour LLC that has been recognized by some of the most prestigious competitions in the world, including The Webby Awards, HOW Design and PRINT Magazine. Most recently recognized on the 37th Annual Inc's 5000 List of America's Fastest Growing Private Companies. Located in East Haddam Village at: 3 Norwich Rd. 860-577-0340 | www.juliabalfour.com

SEPTEMBER BUSINESS OF MONTH:

Grandview Camp Resort and Cottages: The campground is owned by Valarie & Donald Bergeron who have lived across from GrandView for 50 years. Having moved to Moodus in 1967 they have witnessed many transitions of GrandView. From the GrandView Hotel built in 1912 which closed in 1976, to a basketball camp then to the Torah Institute of America which closed in early 2000s. As the buildings and grounds fell into disrepair, from their vantage point across the street their hearts ached with fond memories of laughter and fun they had witnessed over the years. With a sincere desire to recreate a form of those days the Bergeron's purchased the property. In the years since they have worked tirelessly to embody the spirit of the old resort. They repurposed many items from the old resort. Today they offer camping with full hook ups, tent camping, cottages and a pavilion where weddings, reunions or meetings can be held. With the sound business principle



Grandview Camp Resort & Cottages

of doing business locally you will find the gift shop full of local items, brochures about nearby businesses and links on the website to local businesses and attractions.

Located at: 89 North Moodus Rd. in Moodus, CT
860-873-3332 | www.grandviewcampingresort.com

OCTOBER BUSINESS OF THE MONTH:

Morefit, LLC founded by Maryla Radziszewski in 2008 and is currently located in the renovated 1870s building which once housed the W.J. Squire factory that manufactured gill nets and was transformed by Maryla into a community driven



Morefit, LLC

wellness center. Since 2015, the building is complete with serene massage/treatment rooms, a spacious area to exercise individually, or in a group setting. Morefit offers expert health and fitness training

along with professional wellness services. With a staff of eight well trained and certified instructors and therapists they offer a wide array of group classes, personal training and, nutritional counseling, birth doula services, massage therapy, (including myofascial therapy / corrective movement patterns, clinical massage, deep tissue massage, sports massage, & ayurvedic massage) craniosacral therapy and acupuncture services. It is Morefits goal to teach clients to actively improve and maintain their health needs while providing the professional support needed to prevent and treat injury. Drop in to take one of their weekly cardio, bootcamp yoga or Zumba classes, or sign up for one of the membership packages.

Morefit is located at: 62 Creamery Rd East Haddam, CT
860-873-1816 | www.morefit.com

**Know of an economic success story for East Haddam? Feel free to drop us an email at ehedcssmith@gmail.com and let us know who you think would be a great candidate for recognition as Business of the Month.*

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Sunday 9:00 am - 1:00 pm



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East Haddam Library System

Do you know the libraries by the numbers?

Our two libraries, EHFPL & Rathbun Library, play an important role in our community. They provide services that save taxpayers money, and help educate & enlighten citizens of all ages. Providing so many services to so many people means that there are a lot of fun statistics* about your local libraries. Here are a few of the most interesting ones:

- Over 100 people visit the libraries each day. The busiest time of year is the summer - especially the week before school starts when students remember they have summer homework.
- Over 1,000 items are checked out each week. The most popular book in 2018 was *The Woman in the Window*, and the most popular movie was *Black Panther*. #WakandaForever
- The libraries have a combined total of 43,601 physical items and 22,000 shared digital items. In other words, if every East Haddam resident went to the libraries this week and checked out five items each, it would be much easier to dust the shelves.
- There is an average of 28 programs each month - approximately 7 each week. Currently our two most popular programs are Baby Time for our youngest patrons (approx. 20 kids and 15 adults per program) and Dungeons & Dragons for tweens, teens, and adults (approx. 30 Elves, Dwarves, Gnomes, and Dragonborn per epic quest.)
- Last year's total program attendance was 5,368. Popular guests included Inuit Scholars associated with the Smithsonian, a renowned vascular surgeon, CT wildlife experts, Valentine the Clown, and Mrs. Claus.
- In total, 33,664 people visited the library, checked out 54,824 items, and attended 364 programs in the past year. On another note, the number of dimes we collected in late fees was more than it should have been - please return your books on time.
- There are 5,025 library cardholders in East Haddam,

with 611 of those cards issued in 2018. If you don't already have one, you're missing out. Many people have said that we have the best looking library cards in the state. You should get one and judge for yourself.

- With the rise of cord cutting, the libraries' DVD circulation has tripled from 4,929 in 2009 to 14,773 in 2018. With more streaming services launching every month, and older services focusing more on original content - the libraries are your best bet for newly released movies & TV shows. Fun fact, your libraries have around 4,000 movies in their collection (just like Netflix). Thousands more can be requested for free using the libraries' online catalog (not like Netflix).
- Home computers are being replaced by smartphones & tablets, and home printers are becoming increasingly uncommon. Approx. 200 people a week use the libraries' computers for important tasks like homework, job searching, printing important documents, and clicking "like" on pictures of cute animals on Facebook.
- 15% of the libraries' circulation comes from digital books, audio books, and magazines. 7,962 digital items were checked out in 2018 - to put that in perspective, zero digital items were checked out when the town's first library opened in 1888.

*Statistics aren't very fun, but hopefully you found these library numbers to be interesting if not entertaining. In short, our libraries are more popular now than ever - more materials, more services, more programs, more usage. To browse our new releases, find a list of our upcoming programs, or checkout digital materials - please visit: www.EastHaddamLibrarySystem.org. If you have any questions, please stop by the libraries or call Rathbun Library at: 860-873-8210 or EHFPL at: 860-873-8248. Library Director Michael Gilroy is also available to answer any questions you may have - feel free to contact him at MGilroy@easthaddamlibrarysystem.org.

Friends of East Haddam Free Public Library - Annual Auction

The East Haddam Free Public Library (EHFPL) proudly announces the 15th (AT LEAST!) Annual Auction.

Bidding began on October 10 and continues until November 16th. There are many items to bid on from local businesses as well as library patrons. The Silent Auction tickets only cost \$1.00 or 6 for \$5.00.

The Auction items are awarded to the highest bidder.

Come in and check out the items on display. The drawing is at EHFPL on Plains Road, Moodus on November 17 at 10:00 am (*winner need NOT be present.*)

Parks & Recreation

Winter Youth Basketball

Open to boys and girls in Grades K-8. No experience needed, all players will gain experience and learn fundamental basketball skills. Volunteer coaches needed.

PROGRAM DETAILS

- **K/1** - 1 practice per week, Saturdays, January 5 - February 9, 9:00 - 10:00 am at Elementary School.
- **Grade 2-1** practice per week, Saturdays, January 6 - February 9, 10:00 - 11:00 am at Elementary School.
- **Grades 3/4** - Practice 1 evening per week, (Monday-Friday usually 5:00 - 6:30 pm, TBD by volunteer coach.) 1 game per week on Saturdays at noon, January 12 - March 2, 2019
- **Grades 5/6 and 7/8** - Practice 1 or 2 nights per week, (Monday-Friday either 5:00 - 6:30 pm or 6:30 - 8:00 pm, TBD by volunteer coach.) 1 game per week, usually on Saturdays, January 12 - March 2, 2019. Games will be played in East Haddam, Portland, Haddam and Cromwell. Transportation provided by parents. All games are recreation level games and rules.

Practices will start the week of January 2, 2019.

Registration deadline is: November 14, 2018.

Player Placement Sessions/Skills Clinic held at the Elementary School:

Saturday, December 8 and/or December 15.

Grades K/1/2: 9:00 - 10:00 am

Grades 3/4: 10:00 - 11:00 am

Grades 5-8: 11:00 - 12:00 pm

Coaches will choose teams and notify parents of their child's team placement.

ADULT CO-ED INDOOR SOCCER

Beginning Sunday, November 4, 2018, at the East Haddam Elementary School.

Sundays: 6:00 - 8:00 pm

Ages: 18 and older

Cost: \$20.00

PICKLEBALL

Pickleball is a fun sport that combines many elements of tennis, badminton, and ping-pong. We provide all equipment.

Location: Gym at the Municipal Office Complex

Tuesdays & Fridays: 9:30 - 11:30 am

Ages: 18+

Thursdays: 6:00 - 8:00 pm

Cost: \$5 drop-in

GENTLE YOGA

Location: Senior Center

Sunday & Wednesdays: 6:30 pm

Ages: 16+

Location: Grange Hall

Fridays: 10:30 am

BOOT CAMP FITNESS

Locations: TBD

Tuesday & Thursdays: 6:00 pm

Saturdays: 8:30 am

Please see our website: www.easthaddamrec.com for additional details and to register for programs.

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East Haddam Ambulance Association 50th Anniversary

East Haddam Ambulance Association is celebrating its 50th Anniversary of serving our community. The East Haddam Ambulance Association was founded in 1968 with just a handful of townspeople. In that year, the ambulance responded to 86 calls. Last year, we responded to 647 calls. The call volume currently is 600-700 calls per year and the number is expected to rise as the town grows.

Beginning in 1941, nine surrounding towns formed the Inter County Ambulance Association. Inter County included Colchester, Columbia, Marlborough, East Hampton, East Haddam, Salem, Hebron, Lebanon and Haddam Neck. The association shared the use of a specially equipped 1941 Buick Roadmaster for ambulance calls. The vehicle was stationed at the Colchester State Police Barracks. One of the first directors of Inter-County was East Haddam resident, George M. Smith.

Then in 1968, Charles Wolf, Alan Kiley, Robert Ballek and Edward Woel filed initial incorporation papers with the State of Connecticut to establish the East Haddam Ambulance Association, Inc. The East Haddam Lions Club generously donated the first used Cadillac to East Haddam for use as an ambulance. The Lions Club continued its support with volunteers and later funded the purchase of a brand-new ambulance. The corps originally used an old blue Cadillac to transport



The East Haddam Ambulance Association's newest ambulance.

patients. Built more for speed than emergency medical transport, it lacked any of the complex equipment required on today's rigs. We now need two up-to-date, four-wheel drive ambulances to provide care for our patients.

Our Emergency Medical Technicians and Emergency Medical Responders provide caring and quality emergency medical care to our patients. Our technicians train throughout the year by reviewing protocols and learning new emergency medical procedures. EHAA members are also active in the community by offering free CPR training during our annual HEARTSafe event every February, providing standby coverage at community events and participating in Touch a Truck events throughout the year.

We welcome and encourage new members at any time. Prospective candidates should contact us via email at ehaa911@gmail.com or visit our new and improved website. Our website has information about the history of EHAA, how to become an EMT or EMR and a course listing of CPR/First Aid classes held monthly right here in town. Please visit www.easthaddamambulance.org. EHAA is also on Facebook. Please search East Haddam Ambulance and "Like Us."



The East Haddam Ambulance Association's first Cadillac ambulance generously donated by East Haddam Lions Club to East Haddam for use as an ambulance.

East Haddam Police Department/Resident Trooper Annual Stuff a Cruiser Toy Drive

The East Haddam Police Officers and Resident State Trooper will host our 13th Annual Stuff a Cruiser Toy Drive on Saturday, December 1, 2018 from 9:00 am to 4:00 pm. The event will be held in the parking lot of the East Haddam Municipal Office Complex located at 1 Plains Road in Moodus.

New, unwrapped toys are needed for

children from infants to age 18. In addition to toys, donations of hats, gloves, scarves and socks are needed for children of all ages. All donations will be distributed through East Haddam Youth and Family Service (EHYFS) to children within the community.

Any family in East Haddam or Moodus that is in need of assistance

during the holiday with gifts for their children should contact Toni McCabe at EHYFS. She can be reached at: 860-873-3296.

For additional information on the Stuff a Cruiser Event please contact Officer Jeffrey Rhoades at: 860-891-8200 or email: police@easthaddam.org.

Family Night on the Moodus Green

On Wednesday, December 5th beginning at 6:00 pm, join your friends and neighbors for the annual Family Night on the Moodus Green.

This fun-filled event begins with a parade that kicks off at 6:00 pm that includes the Moodus Drum & Fife Corps, East Haddam Volunteer Fire Department and of course, the Clauses - Santa and his wife.

The First Selectman will greet the crowd, and then children will sing holiday songs, followed by the traditional tree lighting on the Moodus Green.

The rest of the event, which comes to a close at 8:00 pm, will include more fun - such as meeting Santa at the Methodist Church (hosted by Youth & Family Services), a Nativity themed petting zoo provided by Christ Community Church, and a visit with Mrs. Claus (and a free gift) at the East Haddam Free Public Library.

Children can make reindeer food and decorate cookies at the East Haddam Little Village preschool, and all can enjoy a dessert downstairs at the Moodus United Methodist Church.

Oh, and be sure to bring your letter to Santa! Our friends at East Haddam Parks & Rec will be delivering letters to the North Pole. Simply bring your Christmas wish list to EHFPL during the event (or write one while you're waiting to meet Mrs. Claus), and you'll get a personal response from Santa (be sure to include your name and address.)

Thanks to everyone who makes this free, family friendly event possible. We'll see you December 5th at 6:00 pm, Happy Holidays!

Early Childhood Council



Early Learning Play Group, children ages birth to age 5 can gather, learn, sing, hear stories and create with others in a play-based setting, meets on Mondays and Fridays from 10:00 - 11:00 am beginning September 17, 2018.

This no cost program does not require registration. Email or call Early Childhood Coordinator, Lauren Kasperowski at: lauren.kasperowski@yahoo.com or 860-873-3296 with any questions. The Family Resource Center is located in the East Haddam Elementary School, 45 Joe Williams Road, Moodus.



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860-874-1743



Maille Higgins
Team Assistant



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East Haddam Elementary School



The East Haddam Elementary School (EHES) PTO is off to a great start!

Wednesday, August 29th, was a fun-filled, first day of school for all. Thanks to the PTO, delicious cupcakes from Sugar were on hand to sweeten the teachers' first day back. There were also many, many parent volunteers, donning their bright pink PTO volunteer shirts, assisting our new kindergartners during bus arrival and dismissal, as well as lunch.

Our Enchanted Forrest Book Fair was held the week of September 24th. Thanks to all of the parent volunteers who made it happen! On September 28th, the PTO officially welcomed our new Kindergarten class with EHES t-shirts. During this special annual event, each Kindergarten class received a visit from a 3rd grade class. With teachers and parents looking on, each third grader welcomed a kindergarten student to EHES with a handshake and a t-shirt.

This year our Charleston Wrap fundraiser was held from October 2nd-18th. Charleston Wrap offered a wide variety of high quality wrapping paper as well as home and kitchen items. Proceeds from our fall fundraiser fund our annual staff disbursements.

Lastly, our annual Holiday Fair will be held December 3rd-7th. This fair is completely created and run by our very own volunteers. It offers students the opportunity to shop for friends and family during the holidays for items \$4.00 and less. This experience is not only a lesson in kindness, but incorporates planning, math and money management.

For any information regarding the EHES PTO, please feel free to contact Jennifer Wilkins, President, at: EastHaddamElementarySchoolPTO@outlook.com.

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Visit the website for more information: <http://www.211.org/#>

Nathan Hale-Ray Middle School's Wingman Program



Nathan Hale-Ray Middle School's 7th and 8th graders have the opportunity to be Wingmen. Dylan's Wings of Change is a charity in memory of Dylan Hockley who was a victim of the Sandy Hook school shooting on December 14, 2012.

Out of this charity the Wingman program developed. Ian Hockley began the program in memory of his son Dylan who had autism. Ian goes to schools all over the world to speak to kids about empathy, compassion and accepting each other and everyone's differences.

The program is there to help children work together and make our school a better place where everyone feels he or she is treated equally. It originated in Connecticut, but is now worldwide in schools, sports clubs and dance studios.


The Wingman Program is led by about 40 students who had applied to be Wingmen. We meet once or twice a week where

we work together to organize "takeover" days. This is where the Wingmen run activities for the entire school to help promote empathy, inclusion and compassion. We had training to teach the activities and we learned facilitation skills to bring to the classroom. The activities are designed to make kids talk/collaborate with one another. They make kids think, while they are still having fun.

The reason we have Wingman is to make every child feel comfortable and have someone they can always count on in our school. Dylan's Wings of Change is powerful to Ian especially, but is there for kids who need it.

We began this program last year and are very excited that it is still part of our school. We look forward to incorporating it even more into our school this year.

Sadie Herold, 7th grade
Connor Young, 8th grade



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East Haddam
Youth & Family Services, Inc.

www.ehyfs.org ~ 860-873-3296 ~ youthandfamily@ehyfs.org

East Haddam Youth & Family Services, Inc.

East Haddam Youth & Family Services HOLIDAY CAMPAIGN

The holidays are just around the corner and once again East Haddam Youth & Family Services invites you to help!

NOVEMBER 5th THROUGH DECEMBER 3rd

Donations of new clothes, other gifts, toys & gift cards can be delivered to:

**East Haddam Youth & Family Services
387 East Haddam-Moodus Road
Moodus, CT 06469**

As always, our greatest challenge is providing gifts for youth ages 12-18. Any gifts for these older children, including gift cards, toiletries, nail polish, jewelry, watches, wallets, sweatshirts, pajamas, hats/gloves/scarves, board games, sporting equipment or books are greatly appreciated.

Families that require assistance providing gifts for their children are encouraged to contact EHYFS. To register for this program, parents/guardians and their children must live in East Haddam/Moodus. Please contact Toni McCabe with any questions, or to receive an application.

Applications are also available online at ehyfs.org. A completed application and proof of residency must be received by EHYFS **no later than November 21st**.

East Haddam Local Prevention Council



The East Haddam Local Prevention Council (EHLPC) is an alliance of individuals and groups working together to create a strong, safe and substance free environment for East Haddam youth.

Building that healthy environment takes a collective voice from all parts of our community. We need the insights, skills, and participation of a wide range of local stakeholders to achieve our goals, and building community collaboration is integral to addressing our local needs. By developing opportunities and building positive relationships, we decrease the risk of youth drug and alcohol use.

The East Haddam Local Prevention Council is seeking representatives from our community to volunteer their time in the service of our youth.

What's Happening?

Nationwide Action on Teen Vaping

According to FDA Commissioner Dr. Scott Gottlieb. "E-cigs have become an almost ubiquitous -- and dangerous -- trend among teens. The disturbing and accelerating trajectory of use we're seeing in youth, and the resulting path to addiction, must end. It's simply not tolerable." While teen tobacco use overall has decreased over the past decade, experts are noting an increase in the number of young people saying they are using vaping products to ingest nicotine (as well as marijuana). These products include e-cigarettes, JUULs, vape pens, and other products.

To address the increase in youth use, Commissioner Gottlieb stated that the FDA was taking "historic action" against more than 1300 retailers and five vape manufacturers for their roles in perpetuating youth access to the devices. These actions included 1,100 warning letters to retailers for the sale of illegal e-cigarettes to minors, and an additional 131 fines for stores that continued to sell to those under 18. JUUL, and the four other manufacturers that make up 97% of the vape market, must provide plans to mitigate sales to minors within 60 days. If they fail to do so, they will face potential criminal or civil penalties.

As actions are taken at the national level, it is worth remembering that these devices are directly impacting young people right here in East Haddam. When the East Haddam Local Prevention Council conducted its community needs assessment last winter, student focus groups, coaches, teachers, and others told the coalition that vaping was on the rise. In fact, vaping may be one of the most prevalent illicit youth activities in our community. While marketed as safer alternatives to cigarettes, research suggests a number of health risks including increased risk of heart attack, popcorn lung, mouth sores, and potential links to cancer. Also, most vape pods contain nicotine. Nicotine is an addictive substance that has been shown to interfere with youth brain development.

Seasonal Celebrations

The holiday season is a chance for families to come together, enjoy traditions, and take a much deserved break. We have one quick thought we want to share regarding the stress that can come with the holidays.

Some worry about buying the perfect gifts, having the money to do so, fighting the crowds at the malls, planning the family gathering, etc. Many of our college students have an additional stressor: the transition back home from school.

Any time stress goes up, people find ways to cope with it. While many find healthy ways to do so, like exercise or spending time with friends, others may drink more alcohol or turn to other substances. Let's make sure we're there to help each other deal with this stress and make the most of our holiday festivities.

East Haddam Community Lions Club

P.O. Box 328, East Haddam, CT 06423 | www.ehcl.org



LIGHT UP THE HOLIDAYS

East Haddam Community Lions is holding its annual community-wide fund raiser - "Light Up the Holidays." All proceeds from this community-wide fund raiser go to the East Haddam Fuel Bank, Food Bank and Youth and Family Services.

Donated items will be exhibited in the Rathbun Free Memorial Library, November 24 - December 8. During this time advertising and a catalogue will be distributed. A silent auction takes place. Viewers can bid on the exhibits anytime during library hours.



EHCL Past President John Bradshaw hosting the 2017 Light Up the Holidays Party

EHCL hosts a HOLIDAY PARTY with refreshments on Saturday, December 8, to coincide with the Twelve Doors Celebration in East Haddam.

Over the past ten years the East Haddam Community Lions has donated over \$40,000 to the Food Bank, the Fuel Bank, and Youth and Family Services.

East Haddam Leo Club



Leos Club Photo of the Cardboard Boat Race.



Guests at the 2017 Light Up the Holidays Party.

Contact Mary Lee to donate items for the auction. For information go to our website at: ehcl.org or contact Mary Lee at: mlabke-meier@gmail.com.

COMMEMORATIVE TILE SALE

The East Haddam Community Lions is offering Nathan Hale-Ray High School alumni an opportunity to memorialize their association with their old alma mater, now converted to the new municipal office complex. Laser etched tiles will populate the back of the main building's sign (viewed when leaving the main entrance.)

All monies beyond direct expenses go to the Community Lions High School Scholarship Fund. Every year EHCL awards scholarships to two graduating seniors who have demonstrated academic achievement and a commitment to community service.

An order form for a tile can be found at ehcl.org or call John at: 860-873-8933.

The East Haddam Leos are having another fun busy year! This past summer they supported Youth and Family Services at Summer Palooza. On September 7th and 8th the Leo Club helped the Hebron Lions by volunteering at the Hebron Fair. Besides helping the Hebron Lions, the Leos also helped with the East Haddam Lions Club Tag Sale and Auction and served snow cones, ice cream and did face painting at the East Haddam Community Lions Ice Cream Social.

The East Haddam Leos Club also helps with local causes such as decorating the Moodus Green, Tech Help and more. The East Haddam Leos Club also hosts their own events. Some of the most popular events include The Apple Festival, The Pumpkin walk,



Leos Club Photo of Leos Group.

and The Cardboard Boat Race. I want to give a big thank you to all the Leos who contribute to make this club awesome and to the parents that helped them get there.

The East Haddam Leos Club hosted its annual Apple Festival October 6th from 11:00 - 3:00 pm at the East Haddam Grange Hall. There was plenty of fun - a bake sale, a photo booth, and plenty of games to satisfy your hunger for fun and apples. Want to see more of what we do? Go ahead and check out our Instagram (East Haddam Leos) and our Facebook (East Haddam Leos Club.)

Interested in joining the East Haddam Leos Club? Any 12-18 year old can contact adviser Michael Gilroy at GilroyM@gmail.com or pick up a membership form at the East Haddam Free Public Library. The Leos meet the 1st Thursday and the 3rd Tuesday of every month from 7:00 - 8:00 pm at the East Haddam Senior Center; 15 Great Hillwood Road, Moodus.

T.J. vanValkenburg

Old Lyme Holiday House Tour

LOOKING FOR SOME HOLIDAY CHEER?

The Old Lyme Children's Learning Center is proud to host the 2018 Homes for the Holidays Tour on Saturday, December 8th from 11:00 am - 3:00 pm.

This year's tour promises to put you in the holiday mood, with a self-guided tour of beautifully decorated village homes as well as some other holiday features to enjoy. We are thrilled to announce that a few local businesses have agreed to open up as a part of our tour, including the Lyme Art Association, The Florence Griswold Museum and the Old Lyme Historical Society.

To purchase tickets, please call Alison and/or Pat at: 860-434-1728, ext. 1. Tickets are also available through Eventbrite @ olclchometour 2018.eventbrite.com.

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mail@jezeklaw.com

Diabetes and the Eye

Diabetes is a disease that affects your ability to produce or use insulin to effectively control the blood sugar (glucose) levels in your body. Too much glucose in the blood for an extended amount of time can damage many parts of your body, including your eyes. According to the CDC (Centers for Disease Control and Prevention) about 90% of diabetes related

vision loss can be prevented with early detection. Yet a study performed by researchers at Wills Eye Hospital saw that 60% of people with diabetes skip their annual exam needed to preserve their vision. It is imperative that people with diabetes get an annual dilated eye exam because ocular complications due to diabetes may show no signs or symptoms.

When blood vessels in the eye's retina swell, leak, or close off, or if abnormal new blood vessels grow, it is called diabetic retinopathy. People who are at a higher risk of developing diabetic retinopathy are those who have diabetes or poor blood sugar control, women who are pregnant, and people with high blood pressure or high blood lipids.

East Haddam Fire Department - Help Us Help YOU!

For the most part when it comes to finding your home, your family, friends, mail carrier, etc. know where you live. When someone who has never been to your address before can't find you, time is usually not a big deal - they can find a phone and call for directions.

Finding your address CAN be a big deal if someone can't find you quickly when a fire or a medical emergency occurs! Fire, ambulance, and police personnel who have never been to your address need to be able to locate you quickly when you call. If your home, business and/or mailbox does not CLEARLY show your address, it can delay vital emergency help to you or your

neighbors. Minutes will seem like hours when you are waiting for help! Help us to find you!

The East Haddam Fire Department is now offering highly visible reflective address markers to East Haddam residents and businesses. These professionally made address markers will be available for a nominal fee, and will be delivered to your address ready for installation. Order forms are available at the Company 1 firehouse located on Town Street, on the department website at: www.EastHaddamFire.org and here below. For further information, please contact 860-873-5036 between the hours of 6:00 am and 2:00 pm, Monday through Friday.

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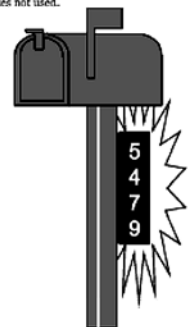
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Send Checks Along With Order Form To:
East Haddam Fire Department - Attn: LT Kevin Rutty
 P.O. Box 375
 East Haddam, CT 06423

Diabetes can also cause your vision to change even if you do not have retinopathy. If your blood sugar levels change very quickly, it can affect the shape of your eye's lens which causes blurry vision. Your vision usually goes back to normal after your blood sugar stabilizes.

According to the Academy of Ophthalmology, the top 5 steps to help prevent diabetic eye diseases are:

1. Get a comprehensive dilated eye exam from your ophthalmologist at least once a year.

2. Control your blood sugar.
3. Maintain healthy blood pressure and cholesterol levels.
4. Quit smoking.
5. Exercise.

Middlesex Eye Physicians

Middlesex Hospital: Detecting & Treating Breast Cancer

Middlesex Hospital is using new technology and techniques to help Connecticut women. Early detection is very important when it comes to breast cancer, the most common cancer in women in the United States, and Middlesex has invested in technology that allows for more complete imaging.

Traditionally, women have received 2D mammograms, but it can be difficult to detect potential cancers while they're still small and most treatable using these 2D images. That's why Middlesex Hospital uses 3D mammograms. These 3D images enable Middlesex radiologists to examine each layer of tissue more closely and from angles previously unavailable, resulting in a 40 percent increase in invasive breast cancer detection. In addition, Middlesex is the only hospital in New England to

offer dual-headed molecular breast imaging, which uses a radioactive tracer to better detect breast cancer cells. Molecular breast imaging is often used in conjunction with mammograms to give patients the best possible chance at early detection.

While early detection is certainly key, how breast cancer is treated is also important, and Middlesex is always looking to improve outcomes for its patients. To that end, Middlesex recently began using the Deep Inspiration Breath-Hold Technique, which helps to keep radiation away from the heart for women receiving treatment for cancer in their left breast.

For more information on Middlesex Hospital's breast program, visit: <https://middlesexhospital.org/breastcare>.

Rep. Ziobron Invites Residents to Celebrate the Holiday Season at Gillette Castle

I am excited to share with you that "Christmas at the Castle" will be returning this year! In recent years this community event had been set aside due to budget constraints. As a resident of East Haddam, a supporter of our public parks and former President of the Friends of Gillette Castle, I wanted to find a way to restore this annual event. I met with officials from the Department of Energy and Environmental Protection (DEEP) to find out what resources would be needed to hold the event. Working with Wendy Vincent, the current President of Friends of Gillette Castle, and partners from Dominion Energy, we were able to facilitate a generous donation of funds and volunteers to underwrite the event.

This year, Gillette Castle will be open every weekend between November 23 and December 23. Staff from the CT DEEP, and dozens of local volunteer groups together with volunteers from Millstone Power Station, will participate in the effort to decorate the castle and grounds for the season. This event would not be possible without dedicated community volunteers. The Friends of Gillette Castle are always looking for more help: please visit their page at www.facebook.com/friendsofgillette for more information. I hope to see you at Gillette Castle this Holiday Season!



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The East Haddam Lions Club

The East Haddam Lions would like to thank everyone who helped make this year's annual Lions Club Auction a success. Thanks to your kindness, generosity and support, the club raised over \$10,000 that will be put to good use in the community. A special thanks to Lion Joe Busher for his outstanding efforts in organizing this outstanding event!

The Lions would also like to thank all the businesses, sponsors, and participants who helped make the annual East Haddam Golf Tournament and East Haddam Phonebook successful. The proceeds once again benefit the entire town. A special thanks to Lions Scott Goodspeed, Bill Nelson and Tim Curtis for making the tournament and phonebook possible. These fundraisers help make events like the Senior Chicken BBQ possible (thanks to Don Goss for organizing the BBQ).

The club uses 100% of the proceeds from these events to help various town organizations, charities and efforts such as the Food Bank, Fuel Bank, and Nathan Hale-Ray Senior Scholarships. Most recently, the club donated \$10,000 toward the new lighting at Heritage Park.

The Lions will once again be selling Christmas Trees every Friday evening and Saturday/Sunday in December. The first tree sale dates will be Saturday & Sunday of Thanksgiving Weekend (with some help from the EH Leos). Stop in for freshly cut trees at the cheapest prices around. The club will also be packaging food baskets at the East Haddam Food Bank in December. If you would like to donate to the club and help serve our community (or become a member), please contact Lion Michael Gilroy at: GilroyM@gmail.com.

East Haddam's Open Space - It's More than Hiking Trails & Nice Views

By now you probably know that East Haddam's permanently protected wild places, where you can find peace and recreation on over 20 miles of marked and mapped trails, make us the envy of our neighboring towns. But did you know that our 2200 acres of preserves and reserves do more than provide the recreation and solitude opportunities for us humans? Town-owned forests, watersheds, wetlands, and meadows are making the environment better for all their inhabitants...flora, fauna, and human alike. Many animals, especially birds, depend on unfragmented forest to find food and to reproduce. A large percentage of our forested town open space is within the boundaries of an official Important Bird Area, designated by Audubon Connecticut and recognized as crucial to the long-term health of a number of threatened bird species. Our land that borders streams is hard at work protecting water quality, filtering out pollutants in the run-off from roads and parking lots and preventing the paving and hard surfaces that contribute to this run-off. Our forests are also shading streams and keeping the water cool for the fish species we love, like trout. Whereas disturbed land is vulnerable to invasive species like phragmites, barberry, and Japanese knotweed, our undisturbed open space is nurturing the native plants that our native animal species depend on either for berries or the specific insects they need to feed themselves and their young.

So while much of the energy of Conservation Commission members goes toward making trails and parking areas for humans to enjoy, we are also working to conserve the homes of our non-human citizens too. East Haddam resident Gary
continued on page 26

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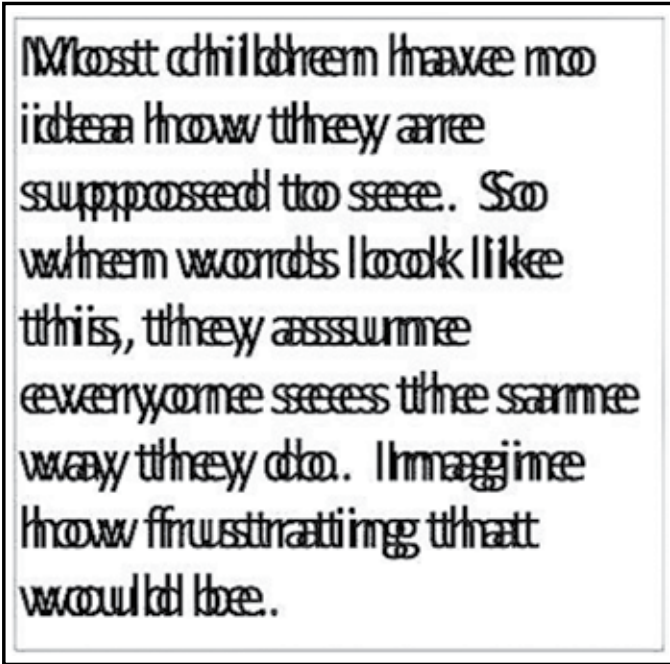
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SAFEGUARDING YOUR VISION



BACK TO SCHOOL ALERT FOR PARENTS:

Now is the time to have your children's eyes checked.

From Kindergarten through college, if your kids see the world like this, they have a serious but correctable vision problem. Vision problems can be big problems that affect every aspect of our lives throughout our lives, including behavior.

In order to succeed in school, college, sports and life, everyone needs clear, comfortable vision. Bad grades? Think eyes. The earlier that a child's vision is improved, the sooner their grades improve, the faster their confidence returns and their self-esteem improves.

It doesn't matter whether you take them to our one of our offices in East Hampton or Middletown, or Dr. Dempsey in Colchester, Dr. Wisniewski in Westchester or Dr. Rafalowski in Marlborough. What is important is to have every elementary, middle school and high school student's vision tested as the new school year begins. Eye exams are covered under virtually every insurance plan including Husky. There is no excuse not to protect your children's vision and future.

Here's a Simple At Home Eye Test For the Entire Family

You and your kids should look at something small across the room and then cover one eye; then cover the other eye. Compare what you see. Does each eye see the object exactly the same way? Is the object sharp and clear with each eye? Can everyone see it or do some family members see it better or worse than others? If there is a difference between eyes or individuals, someone has a vision problem and vision problems can be serious problems that affect everything that you do. The sooner it gets corrected, the sooner your vision and your life will begin to improve.

Everyone should have an eye exam once a year. Make sure that your kids get theirs now.

Do you have a vision or eye problem? Here are some of the most common eye problems that we treat.

VISION PROBLEMS:

- Blurry vision/have to squint to see clearer
- Vision goes double – sideways or up and down
- Can't see far away/can't see up close (arms too short)
- Hard to correctly identify colors/hazy vision
- Words run together/lose place while reading
- Can't see 3D at 3D movies/hate 3D movies
- Get car sick (yes, that can be an eye problem)
- Have to hold objects very close to see them
- Have to hold objects far away to see them
- Not very good in sports (yes, eyes cause that too)
- Bad grades/bad behavior/acts out
- Short temper/poor attention span/easily frustrated

MEDICAL EYE PROBLEMS:

- Headaches, especially behind eyes
- Foggy vision (like in a steam room)
- Vertigo/dizziness/loss of balance
- Scratchy eyes/eye allergies/itchiness
- Pink eye/red eye
- Lashes fall out/edge of lids red and irritated
- Dry or watery eyes
- Crusty eyes/eye infections
- Objects distorted or lines wavy in central vision
- Light sensitivity/eye aches
- Glare from headlights or bright lights
- Always feels like something is in your eye

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Open Space... continued from page 24



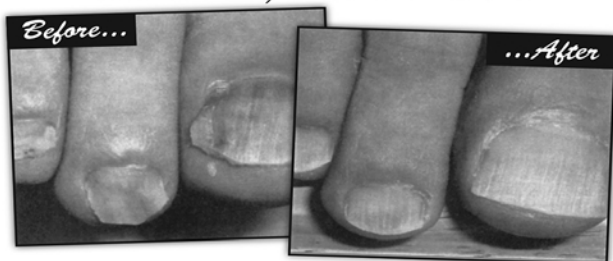
Gary Wilson photo courtesy Conservation Commission.

Wilson is about to become a certified Connecticut Master Gardener by successfully completing a course overseen by UConn Extension. Part of the Master Gardner curriculum involves 60 hours of community service, and because of his interest in native plants and their role in a healthy ecosystem, Gary offered to undertake a project at our Hatch Lot. The parking area had become home to highly invasive phragmites, and Gary saw an opportunity to root it out and replace it with a wild-life friendly native planting. Phragmites is a particularly harmful invasive, crowding out vegetation needed by native animals. He attacked the phragmites with great determination, since its runners can extend out 6 feet from the stem and run deep in the soil. Then as a demonstration of what any of us can do to improve our land, he selected and planted four viburnum shrubs, known for their berries which feed our native birds. These will grow to six feet in height and width and crowd out invasives.

But he wasn't done. He saw the opportunity to educate the public by posting interpretive materials near the plantings so that someone coming to park for a hike on the Hatch Lot can learn about the importance of these native plants. We are grateful to Gary Wilson for this good work. We hope you will check out this ecosystem-friendly project, and we hope you will add healthy habitat and water quality to the list of things that you value about your town's open space. If you would like to know more about what the Conservation Commission does and how you can help, contact Sue Merrow at Amerrow@snet.net or check out our page on the Town website.

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East Haddam Garden Club

THE HOLIDAYS ARE COMING... MORE SUPPORT FOR OUR COMMUNITY

On Monday, November 19, members will again create over 100 Thanksgiving Centerpieces for the East Haddam Food Bank. Members meet at the Grange at 11:30 am and provide all supplies and materials. Anyone interested in helping is welcome to join us. It's a lot of fun, no experience necessary, and refreshments are served.

Later in the fall, we will redecorate our outdoor installations (Blue Star Memorial, the three planters across from Two Wrasslin Cats and Town Tavern, and the Urn near the Goodspeed) for the holiday and winter season. At our holiday luncheon in December, members contribute to the East Haddam Food and Fuel Banks.

RECENT PROGRAMS

During the summer, members enjoyed participating in a variety of programs, including "Native Plant and Fern Identification," "Backyard Composting," "Old Wood, New Wood and Pruning Primer," and a joint meeting with the Hadlyme and Haddam Garden Clubs with a presentation by Tovah Martin "Putting Perennials Through Their Paces." Our Program Committee continues to schedule a variety of exciting and informative programs and trips... so please consider joining us.



Nancy DuBrule-Clemente, owner of Natureworks, demonstrates pruning techniques for Garden Club members during our July visit.

LOOKING AHEAD TO 2019

Just when everyone is beginning to "Think Spring" our 2019 programs begin. On Wednesday March 27, the public is invited to "Climate Change and its Effects on the Local Environment" presented by Juliana Barrett, PhD from UConn. This free program begins at 7:30 pm at the Senior Center (preceded by a short business meeting for members). Refreshments will be served. **continued on page 28**

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East Haddam Garden Club... continued from page 27

next program is for members, but if you wish to attend as a guest and/or are interested in joining the Club, let us know. Contact Maureen Gillis at: 860-287-6228. On April 24 at 11:30 am, our program is "Zen Tangle Drawing" presented by art teacher Carol Dunn.

GARDEN CLUB INFO

The East Haddam Garden Club is a fun loving group, dedicated to Our Mission, which is:

- To stimulate the knowledge of gardening and related activities
- To aid in the conservation of natural resources in order to preserve our heritage while promoting civic beauty in our community
- To assist in educating the youth in our community on matters relating to our purpose; and
- To promote charitable activities in our community

The East Haddam Garden Club

currently has over 40 members; new members are always welcome... attend one of our monthly programs or two and get to know us. Check out our Face Book page (The East Haddam Garden Club) or call Maureen Gillis or any club member for more information. Guests are also welcome at our annual holiday lunch, to be held December 5 at "On the Rocks" (for price, menu, reservation, and other information, contact Rita Fiala at: 860-526-9067.)

I-Park Foundation Hosts Open Studios in East Haddam

Artists from Four Continents Invite the Public to Experience Their Works-in-Progress on November 4 & December 9



I-Park, New England's premier open-air and in-studio laboratory for creative pursuits in nature and the arts, invites the public to participate in Open Studios on November 4 and December 9, 2:00 - 5:00 pm. The admission-free events will take place at 428 Hopyard Road, East Haddam, CT. Throughout the afternoon on both Sundays, visitors of all ages may drop by the studios of six artists-in-residence to chat and learn about their projects and practices. November artists-in-residence hail from Turkey, England, and the United States; December artists are from Korea, Russia, and the United States. While visiting I-Park, the public is welcome to roam paths, meadows and extensive trails, stopping along the way to view site-responsive art installations from previous residencies. The events conclude with special presentations by the artists, followed by receptions.

I-Park Foundation, a 501(c)3 nonprofit, was established in 2001 by Joanne Paradis and Ralph Crispino, Jr. with a mission to nurture artists and the creative process in the fine arts and in nature. Set within a 450-acre nature preserve, I-Park is an inspirational open-air and closed-studio laboratory for creative pursuits in the fields of visual arts, architecture, music composition/sound art,

moving image, creative writing, and landscape/garden/ ecological design. I-Park has been the setting for on-site exhibitions, performances, symposia, and cross-disciplinary projects of cultural significance. To date, an international artists-in-residence program, the organization's flagship initiative, has sponsored over 900 fully funded fellowships. To learn more about opportunities, public programs, site-responsive installations, and ways to support I-Park, visit www.i-park.org.



Lautus naturalis by François Fréchet, France
Environmental Sculpture - 2015 Environmental Art Biennale.

Lake Harvester Needs Your Support



The Moodus Reservoir Preservation Group, Inc. (MRPG) is a local non-profit, 501C (3), community membership organization working to protect and improve the health of Moodus Reservoir, located in the village of Moodus in the Town of East Haddam, CT.

TIPS FOR A CLEAN AND HEALTHY LAKE:

1. Do not blow fallen leaves into the water. They decay and become fertile soil for invasive aquatic plants.
2. Use low phosphorous fertilizers to

minimize the chance for algae blooms in the water.

The Moodus Reservoir is home to the town's only public beach and provides two state boat launches for the recreational enjoyment of residents and visitors for swimming, boating and fishing. We need to control the invasive aquatic plants in an economical and herbicide-free manner. This can be attained via the Eco Harvester by cleanly removing plants from the lake bottom. MRPG is attempting to raise \$100,000 to purchase the machine.

We have conducted fundraisers including raffles, t-shirts, a town picnic with bands and events sponsored by Lakeside Dan's. Donation cans are placed at local businesses. Currently, donations may be made via mail,

Facebook, Go Fund Me, PayPal and donation jars at local businesses.

Mail checks payable to:

MRPG, c/o Tim Varriale, Treasurer, 76 Falls Bashan Road, Moodus, CT 06469 or to donate online, go to: www.facebook.com/Moodus-Reservoir-Preservation-Group-488742444530491/ or www.paypal.com. Visit our website at: www.moodusreservoir.org for future events.

Monthly meetings are held on the second Tuesday at the Moodus Sportsmen's Club. All are welcome - members and non-members. Come and ask questions. Member annual dues are \$25.00 per household per year, tax deductible. Please volunteer to help with our efforts to improve and maintain Moodus Reservoir.

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National Audubon Society Annual Christmas Bird Count

The 119th Annual Christmas Bird Count will be held on Sunday, December 16, 2018

For 119 years, the National Audubon Society has been surveying bird populations at Christmas time. This will be the 43th year the Mattabesek Audubon Society (MAS) has been part of this effort.

HOW THE COUNT STARTED

Prior to the turn of the 20th century, hunters engaged in a holiday tradition known as the Christmas "Side Hunt." They would choose sides and go afield with their guns-whoever brought in the biggest pile of feathered (and furred) quarry won. Conservation was in its infancy in that era, and many observers and scientists were becoming concerned about declining bird populations. Beginning on Christmas Day 1900, ornithologist Frank M. Chapman, an early officer in the then-nascent Audubon Society, proposed a new holiday tradition - a "Christmas Bird Census" that would count birds during the holidays rather than hunt them. Thanks to the inspiration of Chapman and the enthusiasm of 27 dedicated birders, 25 Christmas Bird Counts were held that day. The locations ranged from Toronto, Ontario to Pacific Grove, California with most counts in or near the population centers of northeastern North America.

HOW THE DATA IS USED

Audubon and other organizations use data collected in this long-running wildlife census to assess the health of bird populations and to help guide conservation action. The long-term perspective is vital for conservationists. It informs strategies to protect birds and their habitat and helps identify environmental issues with implications for people as well.

HOW TO JOIN THE CBC

Each November, birders interested in participating in the CBC can sign up and join through the Audubon website (<http://www.audubon.org/conservation/science/christmas>

-bird-count). From December 14 through January 5, thousands of volunteers throughout the Northern Hemisphere brave snow, wind, or rain to take part in what MAS calls the "annual frostbite fellowship." There is no fee to participate. Stats and stories are available online.

MAS teams will scour the countryside in our 15-mile diameter circle centered on the Old Comstock Bridge on the Salmon River (see map) to tally our feathered friends, who invariably provide us with some surprises. As you can see from the map, most of East Haddam lies within the count circle.

We encourage anyone, experienced birders or not, to participate in this oldest citizen-led science project in the world. Sharon Dellinger (rsdell@comcast.net) and Doreen Jezek (dajezek@gmail.com) are the MAS co-compilers. Download and print Christmas Count Tally Sheet at: www.audubon-mas.org. Please provide details for any rare, strange, or unusual bird - a photo helps verify the sighting.

Those of you who have feeders are urged to use the Backyard Tally Sheet (for people within Count Circle) to report birds that come to your feeder. Feeder watchers not only contribute to the total bird tally, they have almost always tallied birds that those of us in the field have not found. Send feeder information to Sharon (rsdell@comcast.net) or Doreen (dajezek@gmail.com). Be sure to put CBC in the subject line. Even if you don't wish to report, please be sure to fill your feeders for participants in the field. Sometimes, feeders are the only places to see birds.

From 5:00 pm on, we congregate for fellowship and the excitement of the tally. Every year has produced a few spectacular sightings and sometimes unusual numbers of species.



Mattabesek Audubon Society Count Circle

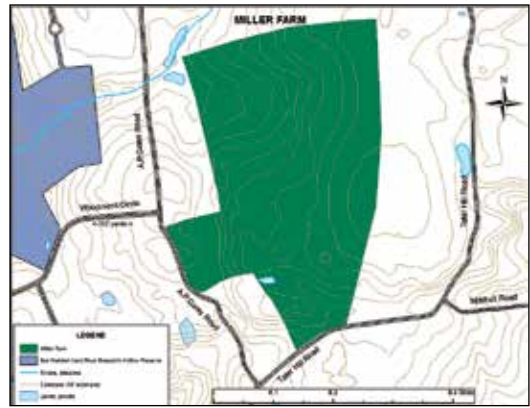
To download previous issues of East Haddam Events visit www.eventsmagazines.com and download the issue you desire!

Eastern East Haddam - A Crucial Conservation Area

Eastern East Haddam's large uninterrupted forest helps stabilize soils and keep our streams, ponds, and drinking water clean, and provides habitat critical for viable wildlife and plant populations.

This crucial conservation area is noted in the East Haddam Plan of Conservation and Development and by the Lower Connecticut River Land Trust Exchange. Eastern East Haddam's forest resources, quality water, historic mill sites and roadways, animal and plant species of concern, and relatively minimal development made it part of the Eightmile River Wild and Scenic Watershed. Its woods, streams, wetlands, and rivers attract large numbers of migrating and year-round birds - species that are threatened or of special concern, which led Audubon Connecticut and the Connecticut Department of Energy and Environmental Protection to list eastern East Haddam as part of the Lyme Forest Block Important Bird Area (IBA.) Multiple conservation groups - the State, the Town, The Nature Conservancy, and East Haddam Land Trust (EHLT) - have noted these reasons for preserving their respective parcels in this area.

Now, with your help, EHLT can protect more of this crucial conservation area - the 87-acres of woods, woodland streams, and wetlands of the Miller Farm. The Farm is in the Lyme IBA and abuts the Eightmile River watershed.



Topographical map of the 87-acre Miller Farm.

EHLT seeks to raise \$200,000 to help purchase the Miller Farm and continue EHLT's land preservation efforts. Thanks to generous donations from many ardent supporters, EHLT's volunteer Directors, and the \$8,000+ raised during Musical Bridges 2018, we are one-quarter of the way to our \$200,000 goal.

We hope that state, private, and local grants will get us closer, but we need your help to preserve this piece of East Haddam's natural history. Please add your donation, in any amount by visiting: www.ehlt.org or mailing your check to EHLT/Miller Farm, PO Box 122, East Haddam, CT 06423.



East Haddam offers visitors the opportunity to explore history, art, and natural beauty in scenic New England. East Haddam inhabits 56.6 square miles of rolling countryside dotted with old farmsteads, lakes, handsome state parks and quaint neighborhoods.

The fortunes of East Haddam have always been tied to the Connecticut River which brought settlers and commerce to the area. Historic homes, old stone walls, post and beam barns and early American buildings are a testament to the early life of our trading and farming town. You are welcome to share the views of our undisturbed woodlands, miles of dirt roads, and numerous pastures. Take time to relax and enjoy your "get-away" in a location that the Nature Conservancy calls "One of the last great places."

Visit our website at: www.easthaddam.org to find detailed information about the many attractions East Haddam has to offer.

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Connecticut Cancer Foundation - John & Jane Ellis by Sigrid Kun

An enduring promise to help Connecticut cancer patients and their families.

The story of John and Jane Ellis is one of love, inspiration and dedication. She says he had the vision. He says she's the angel who does everything. Together, they are strong individuals who never wavered since John made a most solemn promise.

Born in New London, John was a high school standout in football and baseball. He went on to a 13-year major league baseball career. The catcher debuted in 1969 with the New York Yankees (1969-1972), hitting a home run in his first at bat. He also played for the Cleveland Indians (1973-1975) and Texas Rangers (1976-1981).

A routine life insurance examination revealed a spot. He had been a picture of health - jogging 10 miles a day. At age 38, the 1971 Topps All-Star Rookie had Hodgkin's lymphoma. He had already lost a brother, sister and sister-in-law, each to cancer. "Sitting there in the hole, getting your juice, and breaking it down. I made a deal," explains John. "If you let me live, I'm going to do this. I said I'd dedicate my whole life to the needs of the needy."

That was 1987. Together, the couple started a foundation whose mission has remained steadfast - to provide financial assistance to Connecticut cancer patients and their families and to fund cancer research. He is the Chairman/Founder. She is the President and Executive Director. The formula is simple. Many individuals affected by cancer struggle with basic living necessities. The foundation is there to help.

Oncology social workers in Connecticut provide referrals to the foundation. Applications are reviewed each Monday, with grants made within a week - an unheard of turnaround. If there is an emergency, they will do what they can right away. "It's all local. "You know where the money is going and that makes us unique," notes Jane. To date, the foundation has provided almost \$6 million in financial assistance to CT families and over \$2 million to lymphoma research. A \$7 million endowment ensures its future.

Their signature fundraiser is an annual celebrity dinner first held in 1988 at the Groton Motor Inn. Mickey Mantle, Whitey Ford and Billy Martin were there. "It was like a group of friends, getting together and telling stories," relates Jane. "It was special." The event raised \$100,000. At the end of the evening, Mickey observed "I hope this foundation goes on forever."

The event has grown markedly and is now hosted by a key corporate partner, Mohegan Sun. The next celebrity dinner will be held on February 8, 2019. The list of attendees are a testament to the relationships/trust that the couple forged over the years: Don Zimmer (who once released John), Yogi Berra, Derek Jeter, David Ortiz, Hank Aaron, Carl Yastrzemski, Joe Torre, Reggie Jackson, Mariano Rivera, and Roger



Left, John and Jane Ellis. Below, from the left, Derek Jeter, Didi Gregorius, Tommy Kahnle and David Robertson attending the 2018 Celebrity Dinner at Mohegan Sun.



New location, right, at 15 North Main Street in Old Saybrook.



Clemens. There are new fundraising initiatives: Cycle Against Cancer, the Fishing Against Cancer tournament, and a Speakers Program. And there is assistance for ILROG - the International Lymphoma Radiation Oncology Group. "We're global in nature but local in giving," observes John.

The foundation recently (July 2017) opened its new location at 15 North Main Street in Old Saybrook. Every aspect of the new facility focuses on the foundation's mission. There is a Hall of Fame. "It's a museum piece," says John. "A tribute to some of the wonderful baseball players who helped literally to build the foundation." There is an art gallery to hold exhibits benefitting the foundation.

John and Jane have assembled plenty of stories. John laughs over that second celebrity dinner when Joe DiMaggio wouldn't sign memorabilia Whitey Ford brought along for him to sign. Yogi Berra successfully intervened. And then there was a single mother whose child was suffering from a rare cancer. "I'll never forget that for the rest of my life," recounts Jane. "They were homeless. She didn't know how to feed her children that evening. We gave her \$2,000. That gave her hope. We continued to help her. We got furniture... I had John schlep it all in his truck."

Thirty years ago, the couple wondered if they'd still be needed. Surely, cancer would be beaten already. "Our mission is more relevant today than 30 years ago," explains Jane. "Everyday expenses...it's so much more expensive to live. Our help is needed more than ever." "There's plenty of work here," adds John. "We look forward to making sure the foundation goes on and on."

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